

APPETIZERS

Special Chicken Wings (6 pcs) "Popular by demand" succulent Tender chicken wings Marinated in hot & spicy sauce.	4.95	Mixed Platter(for 2 person) (2 items of each) Mixed selection comprising of teng Tikka, lamb chops, Salmon tikka & Vegetable pakora.	9.25
Seek Kebab (2 pcs) Choice of chicken or lamb seek kebab, marinated in our exotic spices, topped with onions, pepper and then flame grilled.	4.75	Mixed Tandoor Tender grilled pieces of lamb chop, teng tikka and chicken seek kebab.	4.95
Stuffed Peppers (4 pcs) Green pepper stuffed with cottage cheese, coated in bread crumbs.	3.95	Vegetable Pakora (3 pcs) Selection of shredded vegetables lightly seasoned and deep fried.	3.95
Chilli Paneer Home made cheese cooked in chef's special chilli sauce.	4.95	Spare Ribs(Lamb) (4 pcs) Lamb spare ribs marinating in our Own spices.	5.50
Jingi Aloo Chhattpatty Tiger prawn & baby potatoes , mix Peppers and served with red onion sauce.	4.95	Chicken or Lamb Tikka (3 pcs) Marinated with yoghurt gram masala, & herbs, spicy, cooked in tandoor.	4.95
King Prawn Tempura (5 pcs) Succulent king prawns which have been sliced down the back to create a butterfly shape and coated in a crispy natural breadcrumb.	4.95	Lamb Chops (3 pcs) Marinated with yoghurt gram masala, & herbs, spicy, cooked in tandoor.	6.25
Tandoori King Prawn (2 pcs) Seasoned with dry marinade, finished in the char coal-oven	5.95	Tang Tikka(3 pcs) Boneless leg of chicken. Marinated with yoghurt gram masala, & herbs, spicy, cooked in tandoor.	4.50
Murg Nazakat Spicy pressed chicken inner fillet stir-fry Wrapped in puree bread, salad & dipping sauce	4.95	Salmon Tikka (2 pcs) Fillet of salmon diced and marinated With dill, fennel and ginger.	5.95
King Prawn Puree (hot & sourer)	6.95		

FLAME GRILLED CHICKEN

Choose from hot, medium, mild, lemon & herb. Served with side salad and your choice of spicy rice or steak chips.

Quarter Chicken	6.50	Half Chicken	7.90
Chicken Mix (¼ chi leg & 1 chi steak)	12.50	Butterfly Chicken (Double breast)	12.25
Spicy Wings(6 pcs)	6.95		

PLATTERS

All Platter Items served with salad, spicy rice and steak chips.

Whole Chicken Platter (Flame Grilled Chicken)Choose from hot, Medium, mild Or lemon & herb.	13.90
Jumbo Mix Feast (2 approx Sharing) Serving a mixture of our grill selection consisting of 2 lamb chops, 1/2 chicken, 4 wings & 2 King prawns.	26.90
Meat Feast (2 approx Sharing) Mix selection of meat & chicken consisting of 1 Lamb fillet steak, 2 lamb chops, 2 chicken kebabs, 2 Chicken steak & 4 wings.	31.90
Family, King Feast (3-4 approx Sharing) Mix selection of meat & chicken consisting of lamb fillet steak, Beef rump steak, 4 spare ribs, 1/2 chicken, 2 chicken steak & 4 wings.	39.50

BURGERS

Served with steak chips, mayonnaise, ketchup, salad & cheese

Veggie Burger	4.95	Classic Quarter Pounder	6.95
Chicken Burger (Strips)	5.95	Chicken Steak Burger	7.50
Fish Burger	5.25	(Fresh grilled chicken breast piece)	

YOUNG ROCKS MEAL Children's meal

All burgers Served with steak chips, mayonnaise, ketchup, salad & cheese

Chicken Burger & Chips	4.95	Fish Finger & Chips	4.95
Cheese Burger & Chips	4.95	Chi Nugget & Chips	4.95
Chicken Steak & Chips	7.50		

STEAK SELECTIONS

Steaks are marinated & seasoned 24hrs prior and then flame grilled to order.

All chicken steaks served with salad, coleslaw & steak chips or spicy rice.

All meat steaks Medium cooked served with salad & steak chips or spicy rice, topped with caramelized onions & picante sauce.

Lamb Fillet Steak	14.95	Chicken Steak	10.50
Seasoned tender lamb fillet.		Medium spiced.	
Rack of Lamb	14.95	Cajun Chicken Steak	10.90
Succulent pieces of lamb ribs Marinated in our secret spices and Slow grilled.		Marinated in our own blend of Cajun spices. (Spicy)	
Lamb Leg Steak	14.50	Pepper Chicken Steak	11.25
Steak cut from a leg of lamb. (ON THE BONE)		Infused with a blend of freshly chopped green, red & yellow Peppers.(peppery & spicy)	
Beef Rump Steak	15.95	Beef Sirloin Steak	16.95
Seasoned rump steak flame grilled to order.		The sirloin steak cut from the back of the animal.	
T-Bone Steak	16.95		
One of our most popular item! Taken from the short loin of a cow... "T- shaped" bone with meat on each side			

GRIDDLE COOKED

Served with roast potatoes and salad. Served Pre-plated.

Lamb Stir-fry	13.95	Gilafi stir-fry (Chi or lamb)	12.95
Succulent lamb strips Well-seasoned rich in flavor, garnished Mushrooms & onions (spicy hot)		succulent pieces of meat or chicken topped with onions & peppers.(spicy hot)	

SEAFOOD SPECIALS

Served with red onion sauce & seasoned grilled baby potatoes.

Grilled Salmon	14.50	Sea Bass	14.50
Coastal Tuna fish	14.50	Grilled Jumbo Prawn	14.75

EXTRAS & SAUCES

Steak Chips	2.50	Mash Potatoes	2.50
Spicy Fries	2.25	Mushroom Sauce	2.50
Peppercorn Sauce	2.50	Picante Sauce/dark Gravy	2.25
Onion Rings	2.50	Mushroom & Onion Stir-fry	2.50

TANDOORI ON THE SIZZLE

All tandoor dishes are marinated in yoghurt & spices. Served with side salad and sauce.

Tandoori Chicken	7.95	Mixed Grill	14.50
Half spring chicken (On the bone).		Fabulous mixed platter of Kebab, ¼ chicken, chicken tikka, lamb chop,	
Tikka (Chicken or Lamb)	7.95	Paneer Tikka	7.50
Marinated with yoghurt gram masala, & herbs, spicy, cooked in tandoor.		Grilled pieces of homemade cottage Cheese	
Shashlik (Chicken or Lamb)	8.95	Tang Shashlic (boneless chicken thigh)	7.95
Served with grilled bell peppers, onions & tomatoes.		Added helping of chargrilled bell Peppers, onions & tomatoes.	
Tandoori King Prawn (4 pcs)	14.50	Grill lamb Chops (5 pcs)	13.95
Seasoned with dry marinade, Finished in the char coal-oven		Marinated with yoghurt gram masala, & herbs, spicy, cooked in tandoor.	
Gilafi Kebab (Chicken or Lamb)	12.95	Malai Chicken Tikka (5 pcs)	7.95
Pressed with diced onions & pepper and flame grilled.		Mild, chicken inner breast strips, light spices.	

HOUSE SPECIALS, All chicken dishes first stage, cooked in tandoor

Achari (Chicken or lamb)	8.75	Sikondari Lamb	14.50
Spiced with homemade achar, coriander & herbs		Must try !!!! Shank of lamb, mixed Vegetables in a bhunified sauce. Served With pyramid rice.	
Hyderbadi (Chicken or lamb)	8.75	Lamb Kalinji	8.75
Prepared with diced potatoes, Green chilli & Crushed chilli, dry moist, Hot.		Pieces of lamb cooked with wild onion Seeds, green chillies, garlic & fresh herbs.	
Jeera Chilli (Chicken or lamb)	8.75	Kaala Bhuna (Beef)	8.95
Prepared with whole cumin seeds, sliced Green chillies, tomatoes and coriander. Medium strength.		Popular deshi dish, very well flavoured in a mouthwatering sauce. Fairly Hot.	
Tikka Bhuna (Chicken or lamb)	9.25	Beef Shatkora	9.50
Pieces of chicken or lamb tikka grilled in Tandoor then cooked in a thick bhuna Sauce. Medium spiced.		A spicy tangy curry made using the Shatkora limes(citrus macroptera or Wild lemon). Medium spiced.	
Lamb Laziza	12.50	Beef Naga	8.95
Tender pieces of lamb chops grilled in The tandoor then cooked with lentils And chick peas.		Cooked with mix spices and a hint of Naaga. Hot.	
Chattinad (Lamb or beef)	8.95	Paneer Chilli Massala	7.95
Cubed pieces of lamb or prime beef Cooked with garam masala and chana Dall in a thick bhuna sauce. Spicy Hot.		Cubed cheese with green chillies & Mixed pepper. Hot.	
Chingri King (3 pcs)	13.50	Chicken Malaber	8.95
King prawn halved on the shell, cooked With bell peppers, tomatoes in a Bhunified sauce.		Chicken inner fillet cooked in hot & sour Sauce with green chilli, garlic & chilli flakes. Served in sizzler.	
		Simla Murg Mince chicken or lamb, Green chilli, richly herbed, dry moist, Hot	8.95

TRADITIONAL - All dishes cooked spicy Asian style

Available with Chicken -- £7.95, Lamb -- £8.75, Beef -- £8.95, Keema--£7.95

King Prawn ---£13.50 and Vegetable --- £6.95.

Korai	Madras	Dansak With lentils, not sweet.	Methi	Jalfrezy With fresh bullet chillies.
Bhuna	Vindaloo	Dupiaza		Saag

BIRYANI'S - All Biryani's cooked with chopped green chilli, spicy Asian style

Biryani (Lamb or Chicken) – Served with tarka dall.	9.95
Tikka Biryani (Chicken or lamb) – Served with tarka dall.	10.95
Vegetable Biryani – Served with tarka dall.	7.95
King prawn Biryani – Served with tarka dall.	14.50

VEGETABLES - All cooked to a medium strength spices

Chana Masala	3.75	Chana Dall	3.75
Tarka Dall	3.75	Niramish Mixed dry vegetable.	3.75
Saag Paneer With Indian homemade cheese.	3.75	Saag Bhajee	3.75
Mixed Veg Curry	3.75	Mushroom bhajee	3.75

RICE

Boiled Rice	2.25	Pilau Rice (Basmati rice)	2.50
Lime Rice (With real lime choppings)	2.95	Egg Fried Rice	3.10
Garlic & Chilli Rice (Hot & spicy)	3.10	Mushroom Fried Rice	3.10
Keema Rice	3.95	Spicy Rice	3.10

BREADS

Plain Naan	2.05	Butter Naan	2.25
Keema Naan	2.95	Garlic Naan	2.95
Peshwari Naan (A sweet naan made with almond & raisins)	2.95	Chilli Naan	2.95
Cheese Naan	2.95	Tandoori Roti	2.05
Paratha	2.50	Chapatti	1.50

SALADS

Mixed Olives (Green & black pitted olives)	2.25	Coleslaw	2.25
Chicken Ceaser Salad (Diced breast chicken pieces in a leafy salad)	6.95	Mediterranean Salad (With Mixed olive)	3.50
Pappadum & Chutneys (Served with chutney tray. Price Per Person).	1.20	Bengali Salad	1.95
		Normal Side Salad	0.95